

***Sabbath Retreat
At Timber Bay Retreat Center
Monday and Tuesday
December 3-4, 2007***

What participants have said about past retreats:

*It was more eye-opening and valuable than I expected that it would be.
I believe that the experience was worthwhile and I will be encouraging others
to take part in a future seminar.*

*“This is an idea whose time has come.
Everyone needs to learn this concept.
It is something you will use again and again.”*

*“This will be a welcome rest and time of renewal. You will come away with
a refreshed spirit and greater hope for experiencing God’s best.”*

*“Every pastor, leader, and congregation needs to stop and consider what place
Sabbath Rest takes practically and consistently in your life and church.”*

*“Here is a way to put life, hope, and ministry in tune with Christ.
It’s different from others in that it’s not more on a “to do” list.
It’s taking things off the plate to ensure only the best is rest*

*“Thanks for taking the time to help us learn to spend time with God
rather than just talk about it.”*

A Sabbath-Rest Retreat

- When:** From 10 AM on Monday, Dec 3rd to 3 PM. Tuesday, Dec. 4th
Where: At Timber Bay Camp and Retreat Center near Mille Lacs Lake, the heart
of Minnesota. Check out their website www.timberbay.org.
Cost: \$100.00 per person which includes sleeping accommodations, four meals
and use of the beautiful log lodge meeting room. Not bad! Better yet, a
\$40 scholarship will be applied to your retreat costs, if you commit by
Nov. 30th. Call Jim Anderson (218) 824-7449; Cell: (320) 260-0247
Payment: Timber Bay Camp and Retreat Center will take Checks or Credit Cards
when you arrive.

Camp Information

- Camp Phone:** (320) 532-3200
What to bring: Sleeping Bag or Bedding, Pillow
Towels
Personal Toiletries
Bible
Note Pad
Walking shoes
Outdoor clothing to fit the season

Contact me if you are interested of have questions. Space is limited. Don't delay!

Jim Anderson, NCD Director of Pastoral Care
Office Phone: (218) 824-7449 productiverest@integra.net

Ardie Swanson
Office Manager
North Central District, EFCA
711 10th Ave So
Minneapolis, MN 55415
612-338-1716
ardie.swanson@ncdefca.org